



GUEST GUIDE

Guest Guide

A warm welcome to Lake Ternsche! On this page you will find our personal recommendations around Selm and Olfen – restaurants, bakeries, farm shops, places to shop, day trips and all the important contacts at a glance.

Tip: Use the print button to save this page directly as a PDF – or download the complete guest guide as a PDF.

WELCOME

Welcome to Lake Ternsche!



Dear guests,

a warm welcome to Lake House Ternsche – a place where peace, nature and a feel-good atmosphere come together. With great attention to detail we have created a retreat that invites you to relax, breathe deeply and enjoy.

For over 17 years it was the home and studio of the pop and rock star Chris Andrews ("Yesterday Man"). Where you can play table tennis today, songs were once composed and recorded. So the house has a colourful history.

We have put this guide together for you – with personal recommendations for restaurants, farm shops, places to shop and day trips around Selm and Olfen. Here you will find interesting information about the area and our suggestions for activities at Lake Ternsche and in the region. Our aim is for you to feel at home from the very first minute and to enjoy your stay to the fullest.

We wish you lovely, relaxing days and would be delighted to welcome you back!

Ralf & Katrin

RIGHT ON YOUR DOORSTEP

Lake Ternsche



Lake Ternsche lies right at your feet. It invites you to swim, fish or simply relax – all with complete privacy.

Fishing: If you would like to fish, you can buy a day ticket on the opposite side of the lake at the clubhouse of the Angelsportverein Dortmund 1091 e. V. Please note that you must hold a valid fishing licence to do so.

AT THE LAKE

Aqua-Climb – Water Climbing Park

Address Strandweg 103, 59379 Selm

Phone +49 2592 917210

Opening hours Seasonal – please check the website in advance

Rating ★★★★★ 4.8 / 5 (highly recommended!)

Booking Book time slots online in advance – especially important at weekends

Equipment Life jackets & helmets included, rental water shoes available

Note Closed water shoes required (no sandals)

Tip: The climbing park can also be booked for children's birthday parties. Blue, red and black routes are available for different difficulty levels. Wetsuits can be hired – handy on cooler days too.

A STOP BY THE LAKE

Strandcafé Seepark Ternsche

Address Strandweg 7, 59379 Selm (campsite)

Phone +49 2592 917210

Opening hours Seasonal

Cuisine Pizza, snacks, fries, bratwurst, drinks

Atmosphere Right on the lake, terrace with a lake view, relaxed beach vibe

Note At busy times the menu may be limited – it pays to arrive early

In high season there is often live music or events here.

ENJOYING THE REGION

Restaurant Tips – a Small Selection

Name	Address & contact	Opening hours	Tip
Kunstwerk Restaurant	Campus 7, Selm · +49 2592 9729709	Tue–Sat from 8:00 · Sun from 10:00 · closed Mon	★ Very popular – reservation recommended
Lumberjack's Diner	Kreisstr. 66, Selm · +49 2592 1215	Wed–Sun from 16:00 · closed Mon & Tue	American, great burgers
Restaurant Olympia	Olfener Str. 1, Selm · +49 2592 981733	Mon & Sun lunch & dinner · closed Tue · Wed–Sat dinner	Greek, generous portions, very friendly
Caribello Tapas Bar	Mühlenstraße 17, Lüdinghausen · +49 2591 5079629 · caribello.de (http://caribello.de/)	Mon & Thu–Sun 17:00–00:00 · closed Tue & Wed	★ Spanish, excellent – reservation recommended
Das Hase	Kleine Münsterstraße 10, Lüdinghausen · +49 2591 9499419 · dashase.de (http://www.dashase.de/)	Tue–Sun 10:00–22:00 · closed Mon	Lovely and cosy, very good food
Leo's by Gino	Bilholtstr. 37, Olfen · +49 2595 3855370	Mon & Wed–Fri from 17:00 · Sat & Sun from 12:00 · closed Tue	Italian, the best coffee around

Name	Address & contact	Opening hours	Tip
Ristorante Mamma Stella	Kirchstr. 14, Olfen · +49 2595 384637 · website (https://ristorante-mamma-stella-olfen.eatbu.com/?lang=de)	Tue–Sat lunch & dinner · Sun lunch & dinner · closed Mon	Pizza & pasta, Italian flair, very good pizza
Pizzeria Bella Roma	Nordwall 15, Olfen · +49 2595 386841	Mon–Sun 11:00–23:00 (open daily)	Good value, generous portions, no closing day
Mutter Althoff	Hauptstraße 42, 59399 Olfen (Vinum) · +49 2595 3879551 · mutter-althoff.de (https://www.mutter-althoff.de/)	Mon–Sat 17:00–21:00 · Sun 12:00–20:00	Refined country-house cuisine – our favourite

FRESH BREAD ROLLS

Bakeries & Breakfast

Name	Address & contact	Opening hours	Note
Berthold's Naturbäcker (at the Westfalen petrol station)	Schlosserstr. 1, Olfen · +49 2595 3865665 · bertholds-dernaturbaecker.de (https://www.bertholds-dernaturbaecker.de/)	Mon–Fri 5:00–18:30 · Sat 5:00–17:00 · Sun 7:00–17:00	★ Handy: right next to the 24h petrol station, earliest opening!
Bäckerei Geiping	Marktpl. 3, Olfen · +49 2595 961920	Mon–Fri 6:00–18:00 · Sat 6:00–16:00 · Sun 7:30–17:00	Lovely café on the market square, breakfast served
Essmanns Backstube	Campus 2, Selm · +49 2592 9770444	Mon–Sat from 6:00 · Sun from 7:00	Cosy café, dogs welcome
Bäckerei Braune	Kreisstr. 40, Selm · +49 2306 98400326	Mon–Fri 6:00–18:00 · Sat 6:30–13:00 · Sun 7:30–12:00	Fresh baked goods

Tip: The Westfalen petrol station in Olfen is open 24 hours – ideal for late shopping. Berthold's Naturbäcker right next door opens as early as 5 a.m.!

SHOPPING

Supermarkets & Shopping

Store	Address & contact	Opening hours	Note
REWE (Olfen)	Bilholtstr. 13, Olfen · +49 2595 5844	Mon–Sat 7:00–21:00 · closed Sun	Nearest supermarket, well stocked
EDEKA Klein-Schmeink	Botzlarstr. 1, Selm · +49 2592 981534	Mon–Sat 7:00–21:00 · closed Sun	Wide selection, friendly
REWE Gawdi (South)	Kreisstr. 92, Selm · +49 2592 9191420	Mon–Sat 7:00–21:30 · closed Sun	With a service counter
REWE Gawdi (North)	Ludgeristr. 2, Selm · +49 2592 9778990	Mon–Sat 7:00–21:30 · closed Sun	Central in Selm
Westfalen petrol station	Schlosserstr. 2, Olfen · +49 2595 3869153	24 hours daily – including Sundays!	Snacks, drinks, camping gas, emergency shopping
Karaloon GmbH	Schlosserstr. 31, Olfen · www.karaloon.shop (https://www.karaloon.shop)	Mon–Fri 9:00–16:00	Factory outlet: balloons, foil balloons & party supplies
Prott Holzstudio & Dekodesign	Schlosserstr. 24, Olfen · prott-olfen.de (https://prott-olfen.de/)	Mon & Thu–Fri 9:00–18:00 · Tue 9:00–14:00 · Sat 9:00–16:00	Lovely decorative items indoor & outdoor, scarves & clothing

Store	Address & contact	Opening hours	Note
Woodstone home & Living	Kreisstr. 36, 59379 Selm · woodstone.living (https://www.woodstone.living/)	Tue–Fri 11:30– 18:30 · Sat 10:00–16:00	Wonderful handcrafted wooden décor, furniture and minerals

Important: All supermarkets are closed on Sundays! For emergency shopping on a Sunday, the Westfalen petrol station in Olfen (Schlosserstr. 2) is open around the clock.

REGIONAL & FRESH

Farm Shops & Fresh from the Farm

Farm / shop	Address & contact	Opening hours	Range
Landfleischerei Volle	Sülzen 21, Olfen · +49 2595 5653 · landfleischerei-volle.de (https://www.landfleischerei-volle.de/)	Tue + Thu + Fri 9:00–18:00 · Sat 9:00–13:00 · 24/7 vending machine · closed Mon, Wed, Sun	Excellent barbecue meat, salads and much more
Hof Gremme	Am Kreuzkamp 48, Selm · +49 2592 61329	Mon–Sat 7:00– 20:00 · Sun 8:00–18:00	Free-range eggs, honey, potatoes, barbecue meat – feeding the hens is allowed!
Obst- & Gemüsehof Bleckmann	Alstedder Str. 6, Selm · +49 2592 62813	Mon–Fri 8:00– 18:30 · Sat & Sun 8:00–16:00	Huge choice of vegetables & fruit, jams, juices
Milchtankstelle Närmann	Im Holoh 1, Olfen · +49 173 5183687	Mon–Sun 4:30– 23:00	Fresh farm milk, eggs, farm produce – almost around the clock
Milchtankstelle Ellertmann	Kökelsumer Str. 65, Olfen · +49 2595 224	24 hours daily	Raw milk, ice cream, cold cuts – even in the middle of the night!
Gahmener Hof	Gahmener Kamp 105, Lünen · +49 2306 24357	Wed 14:00–17:00 · Thu & Fri 9:00– 17:00 · Sat 9:00– 14:00 · Sun 11:00–16:00	Organic beef & sausage, vending machine also outside opening hours

Farm / shop	Address & contact	Opening hours	Range
Hofladen Frollein Muh	Cappenberger Str. 42, Nordkirchen · +49 173 2993877	Vending machine 24h · shop Mon– Sun 7:00–20:00	Milk, cheese, eggs, ready meals in jars
Hof Sanders	Hebewerk 73–75, Castrop-Rauxel · hof- sanders.de (https://www.hof-sanders.de/)	Mon–Fri 9:00– 18:30 · Sat 9:00– 18:00 · Sun 10:00–18:00	Excellent choice: meat, fruit, vegetables, dairy products and much more

GET OUT & EXPLORE

Day Trips & Leisure

Right at the lake

- ✓ Aqua-Climb water climbing park – see above (suitable for children from age 6)
- ✓ Lake Ternsche beach area – sandy beach, lawn for sunbathing, kiosk and bistro
- ✓ Cycle tour around the lake and along the river Lippe – flat and beautiful

Nearby

- ✓ Lippeaue Selm – natural landscape along the Lippe, perfect for walking
- ✓ Cappenberg water tower – panoramic views for €1 admission
- ✓ Freiherr-vom-Stein monument – lovely viewpoint, free of charge
- ✓ Westfalia weir (Lünen) – impressive Lippe weir, beautiful surroundings

A little further

- ✓ Nordkirchen Palace (≈ 10 km) – the “Versailles of the Münsterland”, park freely accessible – well worth a visit
- ✓ Cappenberg Castle (≈ 5 km) – former monastery with a park
- ✓ Münster (≈ 45 km) – old town, cathedral, Aasee lake, wonderful weekly market
- ✓ Dortmund (≈ 30 km) – Westfalenpark, Dortmunder U, shopping
- ✓ Zoom Erlebniswelt Gelsenkirchen (≈ 35 km) – modern zoo without bars
- ✓ Movie Park Germany Bottrop (≈ 40 km) – theme park

At www.muensterland.com (<https://www.muensterland.com>) you will find lots of tips for the Münsterland.

BEFORE YOU LEAVE

Departing Well – Checkout

What a shame that your lakeside break is coming to an end. We hope you enjoyed your stay with us – and we would be delighted to welcome you back. To make your departure nice and easy, here are the key points at a glance:

- ✓ Checkout is by 11 a.m.
- ✓ Please check all rooms to make sure you have not forgotten anything.
- ✓ Strip the beds and place the bed linen, including all towels, on the floor of the room.
- ✓ Please empty the bins of the waste-sorting station into the wheelie bins to the right of the house.
- ✓ Please take your glass waste with you.
- ✓ Please do not leave any food behind.
- ✓ Put the seat cushions from the lake, bathing items and the barbecue in the garden shed (turn off the gas bottle).
- ✓ Close all windows, patio doors and the side door to the garden.
- ✓ Check that the hob, coffee machine and lights are switched off.
- ✓ Put charging cables back in the cable bag in the lowboard.
- ✓ Pull the front door shut and press the arrow on the smart lock – this locks the door.
- ✓ If you have caused or noticed any damage, please let us know: +49 151 22690959.

Hopefully see you again soon – **Ralf & Katrin**

IN AN EMERGENCY & FOR QUESTIONS

Important Contacts

Service	Contact
Emergency fire brigade / ambulance	112
Police emergency	110
Out-of-hours medical service	116 117
Your host	Katrin Gille – +49 151 22690959
Nearest hospital	St.-Marien-Hospital Lünen – 02306 / 770

Good to know: Selm lies about 30 km north of Dortmund · Nearest train station: Selm (approx. 1 km) or Lünen Hbf · Olfen about 5 min. away by car.

We wish you wonderful days at Lake Ternsche!

Last updated: July 2026

Lake House Ternsche

Exclusive holiday home right on Lake Ternsche – boho charm, lake access & calm in the Münsterland.

Am Seeufer 1
59379 Selm, Germany

© 2026 Lake House Ternsche · Gille & Reininghaus GbR